

Jack Stephenson

MUSC 326

Dr. McConkey

23 April 2023

Music & Movement Idea

Grade Level: 4/5

Type of Lesson: Movement

Title: The "Egg Game"

Source: <https://dynamicmusicroom.com/5th-grade-music-lessons/>

Description: Students in a circle with their legs crossed, hands resting on their knees, and palms up. As you say a simple chant-like “Pass, Pass, Not, Fast” to the beat, students are going to pass an egg shaker across their body from their right hand to the next student’s right hand (or vice versa if it’s in their left). Start with one student having two eggs, one in each hand. It needs to pass around the circle to the beat, so it arrives back in the starting person’s hand at the same time. Now have the person directly across from the starter take two eggs. All eggs need to return to each starter at the same time. (Yes, people will need to cross their hands to pass the eggs). Continue adding eggs and see how high they can get.

Curriculum Connection: Coordination and working together, English

Literacy Connection: Humpty Dumpty

Music Standards utilized: 4. MU: Re7.1

